



WELLPOINT LIFEFORCE

PHYTOCHEMICALS - a general term referring to thousands of compounds naturally occurring in plant foods; including vitamins, minerals and phytoestrogens (hormone like substances) which have been shown to have a protective effect against certain common diseases, including cancer, heart disease, diabetes, high blood pressure, osteoporosis and infections. Herbs have been used to prevent or treat diseases for thousands of years. This formulation offers an excellent combination of herbs that can support good health. **THIS FORMULATION COULD OFFER A SOLUTION.**

60 Vegetable gelatin capsules per bottle

Non-medicinal Ingredients: Magnesium Stearate, Silicon Dioxide, Hypromellose.

Medicinal Ingredients (per capsule):

Maca (*Lepidium Meyenii*, Root), Korean Ginseng (*Panax Ginseng*, Root), Milk Thistle (*Silybum Marianum*, Seed), Ginkgo (*Ginkgo Biloba*, Leaf), Fo-Ti (*Reynoutria Multiflora*, Root), Norwegian Kelp (*Ascophyllum Nodosum*, Whole Plant), Dandelion (*Taraxacum Officinale*, Root), Licorice (*Glycyrrhiza Glabra*, Root), Alfalfa (*Medicago Sativa*, Herb Top)

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Maca (*Lepidium Meyenii*, Root)

Maca is an herb from the Brazilian rainforest. This energizing plant is also referred to as Peruvian Ginseng.

Generally it is considered to feature the following properties: Antifatigue, Nutritive, Immunostimulant, Steroidal and general tonic. It is a rich source of phytochemicals including Alkaloids, Amino acids, Carbohydrates, Calcium, Iron, Magnesium, Phosphorus, Protein, Zinc, Vit B1, Vit B2, Vit B12, Vit C, and Vit E.

Korean Ginseng (*Panax Ginseng*, Root)

Traditionally ginseng has been used to treat a number of different ailments and conditions.

Ginseng may help with stimulating physical and mental activity among people who are weak and tired. Used in Herbal Medicine to help enhance physical capacity/performances in case of physical stress.

A Mayo Clinic study revealed that ginseng showed good results in helping cancer patients with fatigue.

Ginseng may improve thinking ability and cognition. Used to reduce mental fatigue in cases of mental stress.

The anti-inflammatory role of ginseng may be due to the combined effects of ginsenosides, targeting different levels of immunological activity.

Research published in the International Journal of Molecular Medicine has suggested a possible link between ginseng and the treatment and prevention of influenza and respiratory syncytial virus (RSV).

Ginseng is used in Traditional Chinese Medicine to reinforce qi, benefit the spleen and lungs, relieve symptoms of thirst due to the impairment of body fluids and internal heat.

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Milk Thistle (*Silybum Marianum*, Seed)

Milk thistle contains silymarin, a mixture of flavonoids. Silymarin is one of the most potent liver protecting substances known. Silymarin inhibits hepatic damage by:

- Acting as a direct antioxidant and free radical scavenger.
- Increasing the intracellular levels of glutathione and superoxide dismutase. Silymarin is effective in treating both acute and chronic viral hepatitis.

Silymarin compounds exert a tremendous affect in protecting the liver from damage and enhancing detoxification processes.

Ginkgo (*Ginkgo Biloba*, Leaf)

A large number of important clinical studies have been conducted in the hospitals and clinics throughout Europe with extracts of Ginkgo leaves. These studies have proven Ginkgo to be very successful in treating a wide range of maladies and disorders.

The Ginkgo leaf has been shown to have highly beneficial effects on the brain and improve a wide range of cerebral functions.

Ginkgo leaf significantly increases circulation to the brain and can be used to treat cerebrovascular insufficiency, migraine headache, vertigo, tinnitus and memory impairment. It has shown to be an effective free-radical scavenger, with particular affinity for the central nervous system, and thus it protects brain and nerve cells from destruction by free-radicals and from premature aging. It also inhibits blood-platelet aggregation, providing a strong measure of protection against stroke and coronary thrombosis. French Scientists found positive results when using Ginkgo for natural blood clotting, arterial blood flow, asthma attacks and even organ transplant rejection.

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Ginkgo leaf has been shown to significantly increase the synthesis of dopamine, norepinephrine, and other vital neurotransmitters in the brain, thereby enhancing cerebral functions such as learning, memory, alertness, information processing, and biofeedback with the endocrine system. This makes it an effective preventive and treatment for premature senility, dementia, brain damage, and a wide range of cognitive disorders. Ginkgo is an adaptogen herb, which helps the body deal with stressful situations.

Fo-Ti (*Reynoutria Multiflora*, Root)

Fo-Ti contains very powerful antioxidants which can be useful in treating many common maladies including hypertension, high blood cholesterol, and weakness. Fo-Ti has been used to promote longevity. Fo-ti improves kidney function and blood health, and contains anti-aging antioxidants which may actually contribute to a longer life.

Norwegian Kelp (*Ascophyllum Nodosum*, Whole Plant)

High in nutrients, trace elements and minerals; especially iodine and iron. Iron increases general resistance to stress and Iodine is a "trace" mineral, or macro-nutrient, critical to the functioning of the thyroid gland. Without the presence of iodine, the gland would be unable to produce the hormone that regulates the body's production of energy, and its growth and development. Iodine also effects the growth of hair, nails, and teeth and also affects the absorption of carbohydrates from the intestine.

Dandelion (*Taraxacum Officinale*, Root)

Helps digestion partly by reinforcing the natural working of the liver, the pancreas and the intestines. Very therapeutic for the liver, helps protect against liver and gall bladder disorders. Helps rid body of excess water and salt, may decrease high blood pressure by ridding the body of excess fluid, thus reducing the amount of fluid the heart must pump to circulate blood.

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Licorice (*Glycyrrhiza Glabra*, Root)

Licorice root is incorporated into about a third of all Chinese herbal formulas. This is an indication that it has tremendous versatility. Licorice supports the effects of most all herbs. Perhaps, this is the main reason the Chinese call it the "Great adjunct". Licorice not only contains hormonal precursors but stimulates the production of estrogen. This has been shown to decrease the symptoms associated with hormone fluctuation, licorice is a demulcent and also has mild laxative properties. Licorice root has received official recognition in Britain, Belgium, France, and Germany. In many countries it is recognized for its anti-inflammatory and anti-spasmodic properties

Alfalfa (*Medicago Sativa*, Herb Top)

An impaired digestive system can cause malnutrition by starving the body of much needed macro-and micronutrients. If allowed to become chronic, serious and debilitating diseases can be the consequence. Alfalfa may be useful in reducing high blood cholesterol levels. May also be used in the treatment of premenstrual stress, dysmenorrhea and menopause. Alfalfa leaves and seeds provide a rich nutrient source to help the body return to a healthy state.

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